

## Day 1 Arrive Siem Reap

We depart today for our flight to Siem Reap. Upon arrival we transfer to our hotel after meeting our guide at the airport.

## Day 2 Cycling Tour - Angkor Complex - Tbeng Village

This morning we set off on our cycling expedition, visiting Angkor Archeological park. Once there we will explore Angkor Wat, Angkor Thom and Ta Promh which was made famous by the Hollywood blockbuster Tomb Raider.

In the afternoon will continue the cycling adventure through Preah Dak village and the lush green countryside of Siem Reap as we make our way to the village of Tbeng.

Upon arrival we will unpack, settle into our traditional longhouse accommodation and will get ready for the tastiest 'pit fired' chicken, taro and other wonderful local dishes. This amazing dinner will be enjoyed while watching and listening to some very talented local entertainers.

## Day 3 Cycling Tour - Beng Melea - Habitat Restoration - Eco Tour

After breakfast we cycle East of the village to visit the hidden ruins of Beng Mealea. Once there we will find a truly spectacular temple consumed by the forest and enclosed by a massive moat measuring 1.2 km by 900 m. After exploring the temple we will stop for lunch and then spend the afternoon helping to plant fruit trees - a key element in assisting the village's sustainability for years to come.

To conclude the day we will embark on an awesome Eco Tour where we will farm, fish, plant crops and ride a buffalo, giving us a true sense of the rural Khmer lifestyle, before returning to Camps Tbeng.

## Day 4 Cycling Tour - Community Service

Today we combine our energy and enthusiasm and begin our service work. After a short cycle we will spend our time working towards the betterment of the lives of those who are less fortunate.

*(The exact details of Community Service projects will be determined with each school and will be dependent on a number of factors, including school objectives, outcomes desired and money raised).*

## Day 5 Cycling Tour - Kampong Phluk - Homestay Floating Village

This morning we check out of Camps Tbeng and head south towards Bakong, cycling through the local villages and learning how to make traditional Khmer noodles. After a leisurely lunch on the banks of the Siem Reap river we enjoy an ox-cart ride through Bakong, before taking a boat ride to the floating village of Kompong Phhluk which is built on stilts.

Tonight we spend the evening in a homestay accommodation experiencing life in the floating community.

## Day 6 Angkor Zipline - Phare Circus Workshop - Phare Circus

After breakfast we say goodbye to our homestay hosts and cycle back to Angkor Archaeological Park to spend the mid-morning at Angkor Zipline. With 4 ziplines, 3 bridges and an abseil to conclude the course, it is not only a truly unique, adrenaline packed experience, but is the best view in Siem Reap.



After having lunch we check into our hotel and then head to Phare Cambodia workshop to participate in a circus master class. Phare was started by an art teacher in the village of Battambang to help socially deprived and troubled youngsters after the Khmer Rouge regime. The association now offers free education along with art, music and circus school.

Dinner tonight will be at the FCC Angkor which sits at the heart of Siem Reap Town. Overlooking the Siem Reap River this renovated French Governor's mansion is the perfect place to recap our first week and look forward to our travel to the adventure capital of Vietnam, Dalat.

Tonight we make our way to Phare Circus to enjoy an amazing acrobatic performance.

### **Day 7**      **Bokator – Depart for home**

This morning we will have the opportunity to try our hands at the traditional martial arts of Bokator. Oral tradition indicates that Bokator was the close quarter combat system used by the armies of Angkor 1000 years ago.

Later this afternoon we transfer to the airport for our flight home.

### **Day 8**      **Arrive Home**

We arrive home today.

